

Medical Acupuncture

A brief explanation of Medical
Acupuncture as practiced by Dr Chris K
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West Australian State President.

Origins of Acupuncture

Acupuncture has been used for the treatment of illnesses and diseases in China for over 4000 years. Traditionally, needles were inserted into acupuncture points on the surface of the body to relieve symptoms and speed up the healing process. Modern research has discovered a 93% correlation between Traditional acupuncture points and myofascial trigger points.

Medical Acupuncture

Medical Acupuncture combines information from both Traditional Chinese Acupuncture and Western research on the neurophysiology of Myofascial Trigger Points and Meridians. By understanding both Eastern ancient and modern Western medical knowledge, we can better manage patients with multiple or complex health problems.

Laser Acupuncture,

Low Level Laser Therapy (LLLT), Cold Laser,

Photo Bio Modulation (PBMt)

Lasers has been used in modern medicine since 1965. Research has shown that lasers stimulate energy production in the mitochondria within cells, RNA synthase that speed up the healing process and Nitrous Oxide production which dilates blood vessels.

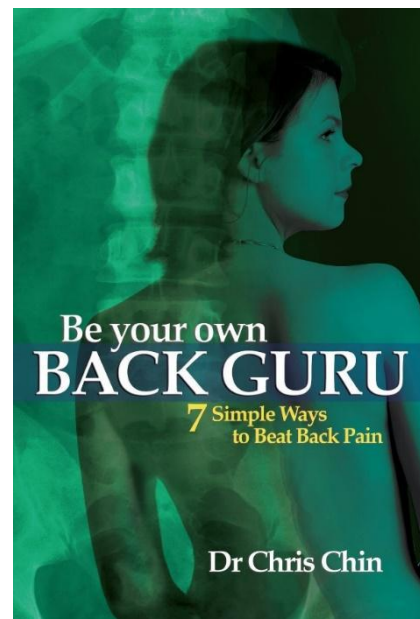
Low level Lasers are gentle, safe, have no known side effects and painless. It is particularly useful for children, people who have a fear of needles, people unable to tolerate needles, medications or other stronger therapies.

What can Medical Acupuncture help?

Clinical trials have shown that Laser Acupuncture can be useful for headaches, including migraines, orofacial pain, TMJ pain, post-herpetic neuralgia, dizziness, vertigo, nausea, neck pain, shoulder pain, diabetic neuropathy, peripheral neuropathy, lymphoedema, musculoskeletal pain, myofascial pain.

I have also found it useful in patients with anxiety, depression, osteoarthritis, back pain, sciatica, pelvic pain, pelvic congestion, dysmenorrhea, pudendal nerve pain, endometriosis, chest wall pain, sternal pain, neuropathic pain, complex regional pain syndrome, fibromyalgia and chronic fatigue.

It can also be useful in the supportive treatment of patients with concussion, whiplash, head injury and Long covid



This paperback self-help book on how to manage your back pain is available at
Cockburn Medical Centre.
A pdf/Kindle Edition copy is also available
at [amazon.com.au](https://www.amazon.com.au)

For appointments with Dr Chris Chin, please ring 08 9418 3722 for
Cockburn Medical Centre, Shop 15 Stargate 432 Rockingham Road Spearwood WA 6163

Medical Acupuncture
Including Laser Acupuncture, Low Level Laser Therapy and
Photo Bio Modulation
as practiced by Dr Chris Chin MB,BS,
Fellow Australian Medical Acupuncture College (FAMAC)

Lifestyle factors and the use of Medical Acupuncture

Nutrition, breathing technique, posture, body movements, exercise techniques, sporting activities, sedentary occupations, computer use and meditation all have significant effects on the development and perpetuation of health problems.

Throughout the course of treatment, we would like to discuss how we can modify these factors to enhance Laser Acupuncture treatment, reduce recurrences of symptoms and improves your body and mind's ability to heal itself. Sleep, anxiety, depression, fear, anger and stress co-exists with painful and neurological conditions and also need to be treated with Medical Acupuncture concurrently.

What to expect from your treatment.

Most people will feel a significant relief of pain and symptoms after 3 to 6 treatments of Laser Acupuncture. For some people, the pain and symptoms may feel worse for the first few days after the treatment before settling down. Sometimes, the pain may move around after the treatment before improving.

It is better to rest and relax for the rest of the day after the treatment. Shopping, strenuous exercise or manual labour should be avoided for the rest of the day. It is not recommended to have any other medical consultations, treatments, vaccinations or physical therapy on the same day as Laser Acupuncture.

Dr Chin does not see Workers Compensation, Motor Vehicle Insurance or any other insurance or litigation pending related cases.

For appointments, please phone Cockburn Medical Centre at

08 9418 3722

New patients will need a double appointment for the first consultation and treatment.

Online bookings are not available on the website.